

Finding my Voice Through Service

Find Your Voice is using what you do well to help others. It is part of The 8th Habit®.

Leaders find their voice by using their talents, strengths,
and passions to reach their leadership potential.



Write your response below or draw your answers on a separate sheet of paper.

TALENT

What do I do well?

PASSION

What do I love to do?



VOICE

Choose one activity from the menu below that matches your talents and passions or add your own ideas in the middle space.

Build Community Connections

Become pen pals with elderly neighbors or residents of a local senior center. Create a card to mail or send a virtual card or thoughtful email.

Hunger

Fight hunger in your community by gathering unused nonperishable goods from your home and donate them to a local food bank. Organize a virtual group of people to do the same.

Support Furry Friends

Contact your local animal shelter or rescue group to see how you can support them. Donate supplies or use social media to promote their work.

Go Green

Help save energy by ensuring unused lights are turned off and unused electronics and appliances are unplugged. Create a plan to share energy-saving tips with others.

List your ideas here.

Spread Positivity

Reach out to a friend or family member via phone, text, email, or video call to share a wonderful quality and the impact it has had on your life. Start a “pay it forward” campaign.

Get Healthy

Find fun ways to exercise, like a virtual exercise class, and investigate healthy, delicious recipes. Share a list of these ideas with family and friends.

Say No to Hate

Fight bullying by starting a virtual club to be pro-kind and promote peace. Make posters or collages that promote understanding and celebration of differences.

Kids Helping Kids

Brighten the day for sick children and let them know you care. Make cards for children in hospitals or coordinate with the hospital’s volunteer group to collect and send toys and games.

Practice

What is one thing you will do to use your voice to serve others?

Write your answer below or draw your response on a separate sheet of paper.

Reflect

How did it feel to serve others by doing this act of kindness?

Write your answer below or draw your response on a separate sheet of paper.