

OCTOBER 2023

McCabe Cafe' Menu

MON

TUE

WED

THU

FRI

2

Parfait
or Cereal

Tornado Taquito or
Chicken Noodle Soup

3

Smoothie
or Cereal

 Egg Roll or
Bean & Beef Burrito

4

Mini Pancakes
or Cereal

Alfredo Pasta or
Chicken Tacos

5

French Toast
or Cereal

Santa Fe Chicken Salad or
 Bologna Sandwich

6

 Breakfast Burrito
or Cereal

 Domino's Pizza

9

Parfait
or Cereal

 Fish & Chips or
Pepperoni Calzone

10

Smoothie
or Cereal

Cheese Ravioli or
Chimichangas

11

Mini Waffles
or Cereal

Teriyaki Chicken or
Cream of Potato Soup

12

 Uncrustable
or Cereal

 Cobb Salad or
PB&J Sandwich

13

 Breakfast Burrito
or Cereal

 Domino's Pizza

16

Parfait
or Cereal

 Chicken Leg or
Pulled Pork Sandwich

17

Smoothie
or Cereal

 Pizza Pocket or
Chicken Strips

18

Mini Pancakes
or Cereal

Chipotle Chicken
or Chicken Bowl

19

 Molletes
(beans/cheese/chorizo boat)
or Cereal

 Chef Salad or
Croissant Sandwich

20

 Breakfast Burrito
or Cereal

 Domino's Pizza

23

Parfait
or Cereal

Popcorn Chicken or
Hamburger

24

Smoothie
or Cereal

Macaroni & Cheese or
Bean & Cheese Burrito

Minimum Day 25

Mini Waffles
or Cereal

Carne Asada Fries or
Chicken Wings

26

Benefit Bar
or Cereal

Chicken Caesar Salad or
 Ham & Turkey Sub

27

 Breakfast Burrito
or Cereal

 Domino's Pizza

30

Parfait
or Cereal

Hamburger or
 Tony's Pizza

HALLOWEEN 31

Smoothie
or Cereal

Pretzel Dog or
Quesadilla

- All meals for the 23-24 school year are free to all McCabe students.
- Breakfast served daily with assorted fruit and milk.
- Lunch served daily with assorted vegetables, fruit, and milk.
- Low-fat and chocolate milk served daily with breakfast and lunch.
- Menu subject to change without notice.
- The following symbols mark a menu day containing any:

 Pork Product

 Nut Product





USDA



NONDISCRIMINATION STATEMENT

SNAP and FDIPIR State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement:

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

USDA Nondiscrimination Statement 2015 (Spanish Translation)

SNAP and FDIPIR State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement:

Las agencias estatales o locales de SNAP y FDIPIR, y sus beneficiarios secundarios, deben publicar el siguiente Aviso de No Discriminación:

De conformidad con la Ley Federal de Derechos Civiles y los reglamentos y políticas de derechos civiles del Departamento de Agricultura de los EE. UU. (USDA, por sus siglas en inglés), se prohíbe que el USDA, sus agencias, oficinas, empleados e instituciones que participan o administran programas del USDA discriminen sobre la base de raza, color, nacionalidad, sexo, credo religioso, discapacidad, edad, creencias políticas, o en represalia o venganza por actividades previas de derechos civiles en algún programa o actividad realizados o financiados por el USDA.

Las personas con discapacidades que necesiten medios alternativos para la comunicación de la información del programa (por ejemplo, sistema Braille, letras grandes, cintas de audio, lenguaje de señas americano, etc.), deben ponerse en contacto con la agencia (estatal o local) en la que solicitaron los beneficios. Las personas sordas, con dificultades de audición o con discapacidades del habla pueden comunicarse con el USDA por medio del Federal Relay Service [Servicio Federal de Retransmisión] llamando al (800) 877-8339.

Además, la información del programa se puede proporcionar en otros idiomas.

Para presentar una denuncia de discriminación, complete el Formulario de Denuncia de Discriminación del Programa del USDA, (AD-3027) que está disponible en línea en:

http://www.ocio.usda.gov/sites/default/files/docs/2012/Spanish_Form_508_Compliant_6_8_12_0.pdf. y en cualquier oficina del USDA, o bien escriba una carta dirigida al USDA e incluya en la carta toda la información solicitada en el formulario. Para solicitar una copia del formulario de denuncia, llame al (866) 632-9992. Haga llegar su formulario lleno o carta al USDA por:

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Washington, D.C. 20250-9410;
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Esta institución es un proveedor que ofrece igualdad de oportunidades.



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