

McCabe Cafe'

MAY / JUNE CAFETERIA MENU
BREAKFAST AND LUNCH SERVED DAILY WITH MILK
PEACEBUILDERS TRAIT: CITIZENSHIP

ALL MEALS FOR THE 22-23 SCHOOL YEAR ARE FREE TO MCCABE STUDENTS

Monday	Tuesday	Wednesday	Thursday	Friday
Cheerios Cereal Crackers, Fruit Hamburger Lettuce/Tomato Oven Fries Raisins	Breakfast Packet Fruit Quesadilla Pintos Beans / Salsa Garden Salad Fruit	Yogurt & Strawberries Graham Crackers, Apple Juice Chili Beans Cheesy Breadstick Garden Salad Sidekick	Mini Pancakes Fruit Spaghetti Dinner Roll Garden Salad Pears	Cocoa Puffs Cereal Bar Graham Crackers, Fruit Domino's Pizza Mexicali Corn Garden Salad Fruit
Lucky Charms Cereal Graham Crackers, Fruit Chicken Nuggets Mashed Potatoes Broccoli Craisins	Mini Waffle Veggies, Apple Juice Nachos with Beef Pinto Beans Shredded Lettuce / Salsa Fruit	MINIMUM DAY Breakfast Packet Carrots, Grapes Chicken Patty on a Bun Lettuce / Tomato Corn Fruit	Cinnamon Toast Crunch Graham Crackers, Fruit Chef Salad Cheesy Breadstick Peaches Sidekick	Apple Cinnamon Muffin Fruit Domino's Pizza Oven Fries Garden Salad Frozen Fruit Cup
Lucky Charms Cereal Graham Crackers, Banana Macaroni & Cheese Broccoli / Dinner Roll Garden Salad Mixed Fruit	Pancakes Vegetable, Fruit Tostada Spanish Rice / Corn Salsa Orange	Yogurt & Strawberries Crackers, Carrots Hamburger Lettuce / Tomato Veggy Beans	Apple Cinnamon Muffin Orange, Veggies Chicken Caesar Salad Dinner Roll / Sun Chips Pears Sidekick	Cheerios Crackers, Banana Domino's Pizza String Cheese / Corn Garden Salad Applesauce
Sausage Biscuit Fruit, Apple Juice Spaghetti & Meat Sauce Dinner Roll / Broccoli Garden Salad Peaches	Cinnamon Toast Crunch Crackers, Fruit Taco Salad Pinto Beans Corn Raisins	Cocoa Puff Cereal Bar Mixed Fruit Turkey & Cheese Sandwich Lettuce / Tomato Oven Fries Fruit	Bagel Fruit Chicken Cobb Salad Cheesy Breadstick Garbanzo Beans Churro / Apple	Pancake Wrap Apple Juice, Raisins Domino's Pizza Corn Garden Salad Strawberries
Memorial Day NO SCHOOL 	Bean Burrito Fresh Fruit Corn Dog Corn / Carrots Garden Salad Strawberries	Breakfast Packet Mixed Fruit Cheeseburger Lettuce / Tomato Corn Pears	Lucky Charms Cereal Graham Crackers, Banana Orange Chicken Rice Broccoli Fruit	END OF 4th QUARTER Breakfast Burrito Fresh Fruit Domino's Pizza Garbanzo Beans Garden Salad Frozen Berries
Mini Pancakes Fruit Chicken Patty on a Bun Lettuce / Tomato Cucumbers Fresh Fruit	Cinnamon Toast Crunch Crackers, Fruit Crunchy Taquito Pinto Beans Coran / Salsa Fruit	Cinnamon Muffin Fresh Fruit Baked Cheese Sandwich Fries Garden Salad Strawberries	LAST DAY OF SCHOOL! MINIMUM DAY Cook's Choice	The first day of the 2023-2024 School Year is Monday, August 21st!

Low-fat and chocolate milk served daily with breakfast and lunch.

Menu subject to change without notice.

The following symbols mark a menu day containing any:



Pork Product



Nut Product



McCabe and Corfman have an easy way to pay for school meals in 3 EASY STEPS!

- 1 Go to www.myschoolbucks.com
- 2 Create your account
- 3 Pay with your credit/debit card or electronic check

Download the **FREE** app today to view account balances and meal purchases, schedule automatic payments, and make payments anytime, anywhere from the mobile app!



To apply for free or reduced meals for your child, please go to one of the links below . . .

ENGLISH https://www.myschoolapps.com/Home/DistrictRedirect/MCCABESD_CA?langid=1

SPANISH https://www.myschoolapps.com/Home/DistrictRedirect/MCCABESD_CA?langid=2

USDA Nondiscrimination Statement

SNAP and FDIPIR State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement:

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race,

color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339.

Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

USDA Nondiscrimination Statement 2015 (Spanish Translation)

SNAP and FDIPIR State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement:

Las agencias estatales o locales de SNAP y FDIPIR, y sus beneficiarios secundarios, deben publicar el siguiente Aviso de No Discriminación:

De conformidad con la Ley Federal de Derechos Civiles y los reglamentos y políticas de derechos civiles del Departamento de Agricultura de los EE. UU. (USDA, por sus siglas en inglés), se prohíbe que el USDA, sus agencias, oficinas, empleados e instituciones que participan o administran programas del USDA discriminen sobre la base de raza, color, nacionalidad, sexo, credo religioso, discapacidad, edad, creencias políticas, o en represalia o venganza por actividades previas de derechos civiles en algún programa o actividad realizados o financiados por el USDA.

Las personas con discapacidades que necesiten medios alternativos para la comunicación de la información del programa (por ejemplo, sistema Braille, letras grandes, cintas de audio, lenguaje de señas americano, etc.), deben ponerse en contacto con la agencia (estatal o local) en la que solicitaron los beneficios. Las personas sordas, con dificultades de audición o con discapacidades del habla pueden comunicarse con el USDA por medio del Federal Relay Service [Servicio Federal de Retransmisión] llamando al (800) 877-8339. Además, la información del programa se puede proporcionar en otros idiomas.

Para presentar una denuncia de discriminación, complete el Formulario de Denuncia de Discriminación del Programa del USDA, (AD-3027) que está disponible en línea en:

http://www.ocio.usda.gov/sites/default/files/docs/2012/Spanish_Form_508_Compliant_6_8_12_0.pdf, y en cualquier oficina del USDA, o bien escriba una carta dirigida al USDA e incluya en la carta toda la información solicitada en el formulario. Para solicitar una copia del formulario de denuncia, llame al (866) 632-9992. Haga llegar su formulario lleno o carta al USDA por:

- (1) correo: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
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Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; o
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Esta institución es un proveedor que ofrece igualdad de oportunidades.

