







# McCabe Cafe'

## FEBRUARY CAFETERIA MENU & LUNCH APPLICATION

BREAKFAST AND LUNCH SERVED DAILY WITH MILK

ALL MEALS FOR THE 22-23 SCHOOL YEAR ARE FREE TO MCCABE STUDENTS

PEACEBUILDERS TRAIT: HONESTY

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>MINIMUM DAY</b> 1 <b>Pancakes</b> Fruit  <b>Chicken Cobb Salad</b> Cheesy Breadstick Green Beans / Corn Strawberries	2 <b>Bagel</b> Fruit  <b>Chicken Nuggests</b> Mashed Potatoes Broccoli / Dinner Roll Craisins	3 <b>Yogurt</b> Crackers / Banana  <b>Domino's Pizza</b> Garbanzo Beans Carrots Apricots 
6 <b>Breakfast Sandwich</b> Fruit  <b>Hamburger</b> Lettuce/Tomato Oven Fries Oranges	7 <b>Apple Cinnamon Muffin</b> Oranges / Cucumbers  <b>Chicken Cobb Salad</b> Dinner Roll Corn / Carrots Banana Pudding	8 <b>Cheerios</b> Crackers, Fruit, Veggy  <b>Nachos w/Ground Beef</b> Shredded Lettuce Pinto Beans Salsa / Strawberries	9 <b>Pancakes w/Maple Syrup</b> Fruit  <b>Chicken Fajitas</b> Lettuce / Salsa Pinto Beans Sidekick	10 <b>Yogurt</b> Crackers / Fruit  <b>Domino's Pizza</b> Cucumbers / Crackers Garden Salad Raisins 
13 <b>Lincoln's Holiday</b> NO SCHOOL 	14 <b>Valentine's Day</b> <b>Cinnamon Toast Crunch</b> Crackers / Fruit  <b>Spaghetti &amp; Meat Sauce</b> Dinner Roll Garden Salad Peaches	15 <b>Mini Waffle</b> Fruit / Veggy  <b>Chicken Salad</b> Cheesy Breadstick Cucumbers / Apples Sidekick	16 <b>Bagel</b> Fruit  <b>Turkey &amp; Cheese Sandwich</b> Lettuce / Tomato Carrots / Corn Raisins	17 <b>Yogurt</b> Fruit / Crackers  <b>Domino's Pizza</b> Garbanzo Beans / Corn Garden Salad Applesauce 
20 <b>Washington's Holiday</b> NO SCHOOL 	21 <b>Bean &amp; Cheese Burrito</b> Fruit / Veggy  <b>Hamburger</b> Lettuce / Tomato Veggy Beans Raisins	22 <b>Cocoa Puff Cereal</b> Fruit / Cracker  <b>Chicken Cobb Salad</b> Corn Muffin Black Turtle Beans Mixed Vegetables / Pears	23 <b>Breakfast Packet</b> Mixed Fruit  <b>Chicken Nuggests</b> Mashed Potatoes Corn Craisins	24 <b>Apple Cinnamon Muffin</b> Fruit  <b>Domino's Pizza</b> Garden Salad Pears Sidekick 
27 <b>Cereal Bar</b> Mixed Fruit  <b>Turkey &amp; Cheese Sandwich</b> Tomato Soup Garbanzo Beans Apple Juice	28 <b>Breakfast Burrito</b> Watermelon  <b>Chicken Caesar Salad</b> Sun Chips Peaches Sidekick	<b>March 1</b> <b>Lucky Charms</b> Crackers / Fruit  <b>Hotdog on a Bun</b> Oven Fries Garden Salad Raisins	2 <b>Muffin</b> Fruit / Veggy  <b>Chicken Soft Taco</b> Pinto Beans / Corn Garden Salad Strawberries	3 <b>First Day of the Fair</b> NO SCHOOL 

Low-fat and chocolate milk served daily with breakfast and lunch.

Menu subject to change without notice.

The following symbols mark a menu day containing any:



**Pork Product**

**Nut Product**



McCabe and Corfman have an easy way to pay for school meals in **3 EASY STEPS!**

- 1 Go to [www.myschoolbucks.com](http://www.myschoolbucks.com)
- 2 Create your account
- 3 Pay with your credit/debit card or electronic check

Download the **FREE** app today to view account balances and meal purchases, schedule automatic payments, and make payments anytime, anywhere from the mobile app!

To apply for free or reduced meals for your child, please go to one of the links below . . .

ENGLISH [https://www.myschoolapps.com/Home/DistrictRedirect/MCCABESD\\_CA?langid=1](https://www.myschoolapps.com/Home/DistrictRedirect/MCCABESD_CA?langid=1)

SPANISH [https://www.myschoolapps.com/Home/DistrictRedirect/MCCABESD\\_CA?langid=2](https://www.myschoolapps.com/Home/DistrictRedirect/MCCABESD_CA?langid=2)



**USDA Nondiscrimination Statement****SNAP and FDIPIR State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement:**

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To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
  - (2) fax: (202) 690-7442; or
  - (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).
- This institution is an equal opportunity provider.*

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Las personas con discapacidades que necesiten medios alternativos para la comunicación de la información del programa (por ejemplo, sistema Braille, letras grandes, cintas de audio, lenguaje de señas americano, etc.), deben ponerse en contacto con la agencia (estatal o local) en la que solicitaron los beneficios. Las personas sordas, con dificultades de audición o con discapacidades del habla pueden comunicarse con el USDA por medio del Federal Relay Service [Servicio Federal de Retransmisión] llamando al (800) 877-8339. Además, la información del programa se puede proporcionar en otros idiomas.

Para presentar una denuncia de discriminación, complete el Formulario de Denuncia de Discriminación del Programa del USDA, (AD-3027) que está disponible en línea en:

[http://www.ocio.usda.gov/sites/default/files/docs/2012/Spanish\\_Form\\_508\\_Compliant\\_6\\_8\\_12\\_0.pdf](http://www.ocio.usda.gov/sites/default/files/docs/2012/Spanish_Form_508_Compliant_6_8_12_0.pdf), y en cualquier oficina del USDA, o bien escriba una carta dirigida al USDA e incluya en la carta toda la información solicitada en el formulario. Para solicitar una copia del formulario de denuncia, llame al (866) 632-9992. Haga llegar su formulario lleno o carta al USDA por:

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  - (3) correo electrónico: [program.intake@usda.gov](mailto:program.intake@usda.gov).
- Esta institución es un proveedor que ofrece igualdad de oportunidades.*



