

12 REASONS TO JOIN THE SCHOOL ORCHESTRA

Do you ever wish that you could earn better grades, feel less stressed out, or build your confidence? Perhaps you'd like to be able to earn extra money with odd jobs on the weekends, or would like to be an important part of exclusive gatherings? Although these questions may seem unrelated, students who participate in music training can build skills that will be useful in everyday life.

You may have never even considered joining a school orchestra. Although most schools have active band programs, you may not know if your school even offers string instrument training. However, if you do have the option of [joining a group of orchestral musicians](#), you've got an incredible opportunity to develop a number of marketable skills and social benefits. Advantages in fact, which generate both immediate, and lifelong achievements. This list examines 12 reasons why you should definitely give the school orchestra a try.

1. **Learning to play a string instrument greatly increases your math comprehension, and spatial and pattern recognition.** These skills are important for a number of professions. And because music is essentially and fundamentally mathematical, as you learn to play, you enhance the area in your brain that make these type of calculations. *Who knew that learning to play "[Happy](#)" could make you better at math?*
2. **Music training develops language and problem-solving skills.** Both of these cognitive functions impact the way you are able to comprehend what you're learning in school, but they also offer valuable people skills.
3. **Increase your coordination.** Learning to play an instrument like the violin increases your physical coordination. You must learn to control both of your hands, which constantly develops your motor skills.
4. **It's just plain cool.** Knowing how to play the latest songs on a guitar, or being able to jam with other like-minded musicians has always been attractive to people because it's fun. Plus, you get to explore different types of music and be creative, which leads to the next reason...
5. **Music training increases creativity.** This might not seem like a very important reason, but being able to view problems from "outside the box" delivers a real world skill that is in high demand with employers. In addition, students today will emerge into a global workforce that

relies on constant innovation. By developing your ability to think creatively, you strategically position yourself as a highly sought out individual.

6. **Music is a healthy outlet for your emotions.** Being a student creates an endless amount of pressure in both your home and school environment. Whether you're feeling anxious about your grades, another person, or a family situation, music offers an incredible outlet for your thoughts and moods. It relaxes and cares for your state-of-mind in an extremely satisfying manner.
7. **You learn self-discipline.** Self-discipline is a personal attribute that adds a lot to your personal fulfillment and measured accomplishments. It's also a common characteristic among educated, wealthy, successful people. With [music training](#), you learn how to commit to continued practice and improvement, in order to reach a desired goal.
8. **You make lasting connections.** As you training with the school orchestra, you develop bonds with the members. Like any other peer group, you all have similar likes and are unified in a similar cause. Often, performers will establish their own small ensembles and groups within the group.
9. **Music develops teamwork skills.** Another strongly desired workforce skill — being able to operate together with a group is an integral part of being a musician.
10. **Music training builds your confidence.** When you learn how to perform in front of others that type of inner confidence becomes part of who you are. In fact, learning to play an instrument creates a sense of achievement that increases your self-esteem. You basically learn how to take risks and how to cope with personal fears.
11. **Performing music offers a way to earn extra money.** Whether you are contributing to your college fund, or saving up to purchase a new instrument, knowing how to perform can help you earn those extra dollars. Musicians who form a group or who provide contract work are required for all sorts of occasions. In fact, if you advertise your availability at your church or local community center for reasonable rates, you may find yourself deluged by side jobs. (Just make sure you have support and consent from your parents before embarking on this entrepreneurial endeavor.)
12. **A music education helps you find your inner self.** With an instrument, you can convey and explore all sorts of ideas and emotions. You get to be in charge to create, express, or worship, which provides you with a unique way of examining your own inner thoughts and feelings.