

# McCabe Cafe'

## AUGUST / SEPTEMBER CAFETERIA MENU

BREAKFAST AND LUNCH SERVED DAILY WITH MILK  
ALL MEALS FOR THE 22-23 SCHOOL YEAR ARE FREE TO MCCABE STUDENTS

PEACEBUILDERS TRAIT: RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday
<b>August 22</b> <b>Pancakes</b> Strawberries  <b>Spicy Chicken</b> Lettuce / Tomato Green Beans Apple	<b>23</b> <b>Cereal</b> Applesauce / String Cheese  <b>Carne Asada Burrito</b> Pinto Beans Garden Salad Strawberries	<b>24</b> <b>Bagel w/Cream Cheese</b> Watermelon  <b>Chicken Nuggets</b> Oven Fries Garden Salad Broccoli / Peaches	<b>25</b> <b>Breakfast Sandwich</b>  Raisins / Cucumbers  <b>Popcorn Chicken Salad</b> Cheesy Breadstick Green Beans Apple Juice	<b>26</b> <b>Cereal</b> Applesauce  <b>Domino's Pizza</b> Carrots Garden Salad & Ranch Raisins 
<b>29</b> <b>Mini Cinni Waffle</b> Watermelon  <b>Hamburger</b> Lettuce / Tomato Oven Fries Strawberries	<b>30</b> <b>Bean Burrito</b> Apple Juice / Vegetable  <b>Macaroni &amp; Cheese</b> Tomato/Cucumber Salad Cheesy Breadstick Mixed Fruit	<b>31</b> <b>Cinnamon Toast Crunch</b> Banana / Raisins  <b>Orange Chicken</b> Brown Rice Cabbage Salad Broccoli / Pears	<b>September 1</b> <b>Mini Bagel w/Cream Cheese</b> Grapes / Apple Juice  <b>Chef Salad &amp; Biscuit</b> Carrots Green Beans Apple Cobbler	<b>2</b> <b>Apple Cinnamon Muffin</b> Fuit  <b>Domino's Pizza</b> Garbanzo Beans Garden Salad & Ranch Peaches 
 <b>LABOR DAY</b>  <b>NO SCHOOL</b>	<b>6</b> <b>Cocoa Puffs Cereal Bar</b> Orange / Strawberries  <b>Baked Cheese Sandwich</b> Tomato Soup Broccoli & Ranch Oranges	<b>7</b> <b>Mini Pancakes</b> Watermelon  <b>Spaghetti</b> Dinner Roll Garden Salad Strawberries	<b>8</b> <b>Fruit &amp; Yogurt</b> Graham Crackers  <b>Chicken Cobb Salad</b> Corn Muffin Corn / Cucumber Craisins	<b>9</b> <b>Breakfast Sandwich</b>  Apples / Grapes  <b>Domino's Pizza</b> Black Beans Corn Garden Salad / Peaches 
<b>12</b> <b>Mini Waffle</b> Strawberries / Cucumbers  <b>Chicken Nuggets &amp; BBQ Dip</b> Veggy Beans Garden Salad Strawberries	<b>13</b> <b>Biscuit Sandwich</b>  Orange / Grapes  <b>BBQ Chicken Leg</b> Mashed Potatoes / Corn Cheesy Breadstick Peaches	<b>14</b> <b>French Toast Sticks</b> Raisins / Pear  <b>Hamburger</b> Lettuce / Tomato Hashbrowns Carrots / Applesauce	<b>15</b> <b>Lucky Charms Cereal</b> Mixed Fruit / String Cheese  <b>Oriental Chicken Salad</b> Broccoli / Carrots / Ranch Churro Apples	<b>16</b> <b>Yogurt &amp; Fruit</b> Graham Crackers  <b>Corn Dog</b> String Cheese Corn / Garden Salad Grapes 
<b>19</b> <b>Mini Pancakes</b> Apples / Grapes  <b>Chicken Patty on a Bun</b> Lettuce / Tomato Cucumber Peaches	<b>20</b> <b>Lucky Charms Cereal</b> Bananas / Raisins  <b>Quesadilla &amp; Salsa</b> Pinto Beans Garden Salad & Ranch Craisins	<b>21</b> <b>Minimum Day</b> <b>Strawberries &amp; Cream Bagel</b> Grapes	<b>22</b> <b>Cinnamon Toast Crunch</b> Strawberries / Bananas  <b>Chicken Caesar Salad</b> Dinner Rolls Mixed Vegetables Strawberries	<b>23</b> <b>Breakfast Sandwich</b>  Mixed Fruit  <b>Domino's Pizza</b> Oven Fries Garden Salad & Ranch Grapes 
<b>26</b> <b>Cocoa Puffs Bar</b> Raisins / Orange  <b>Hotdog</b> Nacho Fries Carrots Garden Salad / Pears	<b>27</b> <b>Mini Bagel</b> Grapes / Apple Juice  <b>Bean &amp; Cheese Burrito</b> Salsa / Corn Garden Salad Strawberries	<b>28</b> <b>Mini Waffle</b> Orange / Apple Juice  <b>Nachos &amp; Salsa</b> Lettuce Pinto Beans Raisins	<b>29</b> <b>Cheerios</b> String Cheese / Applesauce  <b>Tuna Salad Sandwich</b> Lettuce / Tomato Oven Fries Strawberries	<b>30</b> <b>Breakfast Sandwich</b>  Fruit  <b>Domino's Pizza</b> Oven Fries Garden Salad Apple Juice 

Low-fat and chocolate milk served daily with breakfast and lunch.

Menu subject to change without notice.

The following symbols mark a menu day containing any:



**Pork Product**

**Nut Product**





**McCabe and Corfman have an easy way to pay for school meals in 3 EASY STEPS!**

- 1 Go to [www.myschoolbucks.com](http://www.myschoolbucks.com)
- 2 Create your account
- 3 Pay with your credit/debit card or electronic check

Download the FREE app today to view account balances and meal purchases, schedule automatic payments, and make payments anytime, anywhere from the mobile app!



To apply for free or reduced meals for your child, please go to one of the links below . . .

- ENGLISH** [https://www.myschoolapps.com/Home/DistrictRedirect/MCCABESD\\_CA?langid=1](https://www.myschoolapps.com/Home/DistrictRedirect/MCCABESD_CA?langid=1)  
**SPANISH** [https://www.myschoolapps.com/Home/DistrictRedirect/MCCABESD\\_CA?langid=2](https://www.myschoolapps.com/Home/DistrictRedirect/MCCABESD_CA?langid=2)

**USDA Nondiscrimination Statement**

**SNAP and FDIPIR State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement:**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

*This institution is an equal opportunity provider.*

**USDA Nondiscrimination Statement 2015 (Spanish Translation)**

**SNAP and FDIPIR State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement:**

**Las agencias estatales o locales de SNAP y FDIPIR, y sus beneficiarios secundarios, deben publicar el siguiente Aviso de No Discriminación:**

De conformidad con la Ley Federal de Derechos Civiles y los reglamentos y políticas de derechos civiles del Departamento de Agricultura de los EE. UU. (USDA, por sus siglas en inglés), se prohíbe que el USDA, sus agencias, oficinas, empleados e instituciones que participan o administran programas del USDA discriminen sobre la base de raza, color, nacionalidad, sexo, credo religioso, discapacidad, edad, creencias políticas, o en represalia o venganza por actividades previas de derechos civiles en algún programa o actividad realizados o financiados por el USDA.

Las personas con discapacidades que necesiten medios alternativos para la comunicación de la información del programa (por ejemplo, sistema Braille, letras grandes, cintas de audio, lenguaje de señas americano, etc.), deben ponerse en contacto con la agencia (estatal o local) en la que solicitaron los beneficios. Las personas sordas, con dificultades de audición o con discapacidades del habla pueden comunicarse con el USDA por medio del Federal Relay Service [Servicio Federal de Retransmisión] llamando al (800) 877-8339. Además, la información del programa se puede proporcionar en otros idiomas.

Para presentar una denuncia de discriminación, complete el Formulario de Denuncia de Discriminación del Programa del USDA, (AD-3027) que está disponible en línea en:

[http://www.ocio.usda.gov/sites/default/files/docs/2012/Spanish\\_Form\\_508\\_Compliant\\_6\\_8\\_12\\_0.pdf](http://www.ocio.usda.gov/sites/default/files/docs/2012/Spanish_Form_508_Compliant_6_8_12_0.pdf). y en cualquier oficina del USDA, o bien escriba una carta dirigida al USDA e incluya en la carta toda la información solicitada en el formulario. Para solicitar una copia del formulario de denuncia, llame al (866) 632-9992. Haga llegar su formulario lleno o carta al USDA por:

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Office of the Assistant Secretary for Civil Rights  
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Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; o
- (3) correo electrónico: [program.intake@usda.gov](mailto:program.intake@usda.gov).

*Esta institución es un proveedor que ofrece igualdad de oportunidades.*





